
Preschool Checklist



Ages 3-5



Cognitive Skills: Level 1

- Know their full name, age, and gender
- Identify and name basic colors
- Count to ten; understand the concept of counting
- Say the alphabet
- Identify basic shapes
- Follow two-step or three-part commands
- Build a tower with four or more blocks
- Understand time better (for example, morning, afternoon, night)
- Recognize and identify common objects and pictures

Cognitive Skills: Level 2

- Know their address and telephone number of a parent
- Write some capital letters
- Laugh at silly ideas or jokes
- Remember parts of a story
- Sort objects by shape and color
- Play make-believe with dolls, toys or other people
- Pretend and fantasize more creatively
- Understand "before," "after," "now," "soon" and "later"
- Remember what happened yesterday
- Know where playthings belong; Help clean up
- Understand some important safety rules (don't touch the hot stove; stay away from the window)
- Pay attention for about 3 minutes

Fine Motor Skills:

- Dress and undress without your help
- Screw and unscrew jar lids
- Turn rotating handles
- More easily handle small objects and turn a page in a book
- Complete age appropriate puzzles
- Use age-appropriate scissors
- Copy circles and squares
- Draw a person with two to four body parts
- Spell their own name
- Be able to write their own name (while tracing or not)