

Developmental Checklist



Cognitive Skills

Makes suns, animals, trees, flowers, etc.
Draws recognizable people.
Counts to 20 in correct order
Comprehends concept of opposites.
Works a 12-piece (or larger) puzzle.
Identifies colors and shapes.
Understands concept of time.
Can count ten or more objects
Correctly names at least four colors
Knows about things used every day in the home
(money, food, appliances)

Physical Development (Gross Motor):

Balances on one foot for at least 10 seconds.
Jumps over a stationary rope held 6" above the ground.
Pedals a bicycle/tricycle around obstacles and sharp corners.
Hops around on one foot without support.
Walks backward with ease.
Beginning to learn to skip
Builds using blocks
Tries to tie own shoes
Bounces, kicks, throws and catches a ball with accuracy
Enjoys outdoor activities, like running, jumping and climbing

Physical Development (Fine Motor)

Holds paper in place with one hand while writing with the other.
Uses pincer grasp when holding and using crayons, markers, pens, and pencils correctly
Cuts with scissors.
Uses a fork and spoon correctly
Prints own first name
Prints other letters
Draws or copies shapes
Dresses and undresses self
Cares for own toileting needs